

ES Mūžizglītības programma

Comenius partnerības projekts 2011.-2013.g.
“Back To Our Roots: Traditions And Customs Bring Us Together”

Mājas darbs

7 things from the past



Hope Chest



Earlier hope chest was at all homes. It was meant for keeping handicrafts. When the girl got married she gifted all relatives with handicrafts from the hope chest.

Rye bread

It is baked of grounded rye grains and yeast. During the baking the most essential thing is master's skills and hand making. Rye bread is real northerner's dish. In Western Europe rye bread is also used in Germany and Scandinavia, especially in Finland and Baltic countries - Latvia, Estonia and Lithuania.



BELI BELIEF

The fuller hope chest, the hardworking and prosperous girl is.
Bread can't be thrown down to the ground, because it is gift from God.
While cutting bread cutter cuts finger, then the cutter is meant to be greedy.
Bread can't be put upside down, because of famine and poor harvest in future.

Wooden Toy – propeller



Earlier wooden toys were very common. Nowadays it is very healthy to use for playing wooden toys. It is natural and safe.

Wooden Spoon



Earlier different kind of wooden spoons were widely used. They were made of birch, oak, juniper, apple tree, cherry tree and other trees. Nowadays wooden spoons and spades are widely used in work with Teflon pans, kettles, pots.

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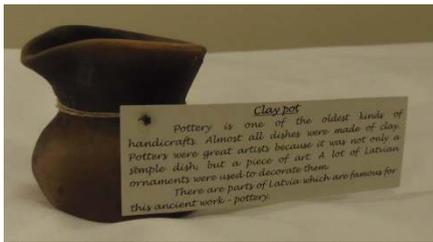
Amber Angel



Adornment is made of amber and metal.

Amber is sun stone, formed of pine resin, which were in Baltic Sea for more than 30 - 90 million years.

Clay pot



Pottery is one of the oldest kinds of handicrafts. Almost all dishes were made of clay. Potters were great artists because it was not only a simple dish, but a piece of art. A lot of Latvian ornaments were used to decorate them.

There are parts of Latvia which are famous for this ancient work – pottery.

Knitted socks



Knitting was popular long time ago and in nowadays too. White socks with ornaments where meant as honor socks – which were given and worn in special occasions.

Peppermint Tea



Peppermint was meant as relaxing, painkilling and antiinflammation herb.

Herbal tea was gathered during sunny weather and latter dried. It is a special science to know when each herb must be gathered and dried. People believed that God is in nature, in each plant, tree even stone that is why each

plant have special features to heel.

To mke herbal tea you have to boil water, pour it on the tea and wait till it draw.
Can be used with honey.

